



## OLIVIA COLE

### **How to take care of your Lashes**

To get the most out of your lashes its important to follow the below instructions. The life of your lashes and dependant largely on 2 aspects, the quality of your Technicians work and how well you look after them. In some cases, clients with very oily skin may experience reduced retention due to the oils in the skin breaking down the glue. Some clients experience watery eyes during application – this can also affect your lash retention span.

#### Lash Aftercare Instructions

- Do not get your lashes wet for a full 24 hours and avoid the gym (Gym = Sweat. Sweat contains oil, oil breaks down the adhesive.)
- Avoid for 2 days – Jacuzzis, saunas, steam rooms, swimming pools and sun beds
- Avoid any oil-based products – check your skin care products for glycerine. Oil breaks down the adhesive.
- Avoid spray tans on the face – they contain oils.
- Keep your lashes clean and brush them daily
- Avoid wearing make-up on your eyelids
- Say goodbye to your mascara – lashes run away from mascara
- Be gentle with them, if you are prone to sleeping face down and rubbing your eyes you are not a candidate for lash extensions
- Never pick off your lashes
- Never perm or tint lash extensions
- Get infills every 2-3 weeks

If you are experiencing retention issues with your lashes, you should discuss this with your lash technician so we can help you get to the bottom of the problem.